

Swedish Body Massage



Swedish Body Massage is an uplifting and energising massage that stimulates circulation and generates an immediate sense of wellbeing. A whole body massage includes work on the neck, face, shoulders, arms, abdomen, back, legs and face. This treatment can easily be modified to suit your needs.

It is a wonderfully relaxing massage and can provide relief from aches and pains, stress symptoms, soothe, comfort and rebalance your energy flow and gives you a deep sense of peace, calm, and tranquillity.

60 minutes— £45.00

90 minutes— £55.00

30 minutes— £30.00 Back & Shoulders

30 minutes— £30.00 Hands, Arms and Shoulders.